



# September 2011 Newsletter

## Coaches Report

We are quickly heading into the competition season and the results from the recent short course meet were excellent. I wish I had been here to witness some of those amazing swims. Congratulations to all those who competed and to all the parents who gave their time to support the kids and participate in time-keeping duties. Congratulations to all our young swimmers who have competed at Chandler for the first time and our club captains who I hear did a great job.

Andrea will be in America for a couple of weeks, so please support our junior coaches who are stepping up and doing a great job.

As you know Blake and I have just returned from Canada with the Australian Swim team where Blake again excelled winning multiple Gold medals and breaking his own World Record in the 100 Breast-stroke.

The closing date for the Qld Short Course Champs was on the ekka holiday Monday, hence we had families who missed the cut-off.

I will in future be issuing a sheet of paper for the major meets I want you to do, and it is up to you to show Mum and Dad so they can log-on and enter you on-line.

This is a new system so anyone who is confused on how to use it can come and see Susan and she will show you on the office computer. PLEASE don't leave it till the last day.

Don't forget club nights are starting 1<sup>st</sup> week of 4<sup>th</sup> term (6th October). This is a great opportunity for some fun races, socializing and meeting other swim club families.

Please think about keeping Thursday evenings free and join in the FUN !!!

*Coach Steve*

***The 2011/2012 CLUB HANDBOOK is now available on the DOWN-LOADS page of the Club Web Site.***

## Comings and Goings...

Welcome to our new families, the Campbell Family, the Buchan Family and the Hattingh Family. Hope to see you at Club Nights next term.

Farewell to the McKenzie Family. Best wishes from all, and hope to see you around Chandler in the future.

## Timekeeping at Meets

Thanks to those Parents who assisted with time-keeping at the BSA Short Course Champs at Chandler in early August: Vic Dantel, Robert Walker, John & Maria Elliott, Jason Edwards, Andy Parker, Donna Clarke and Heather Delaney.

All parents are reminded that the club is required to provide timekeepers at any meets we have competitors at. The more volunteers we have, the shorter each persons turn.

## *Presidents Report*

Hello all & Welcome to our new members who have joined us recently. With just over a month to go until our first Club Night for the season, the swim calendar is starting to get busy with a lot of meets available for all our swimmers to nominate.

Our swimmers who attended the BSA Short Course Championships recently did a great job, with the club finishing 3<sup>rd</sup> in Division 1 after this meet. It was great to see our young swimmers doing so well with medals and stacks of great PB's.

Only 6 swimmers from our club nominated for the Queensland Short Course Championships on the 27<sup>th</sup> & 28<sup>th</sup> August. We would really like to see as many swimmers as possible representing our club at all BSA and Queensland Swimming meets, so please get behind our great club and support it with these meets.

This season we are encouraging our squad swimmers of all age groups and levels to join in on our Club Nights which commence the first Thursday night after school holidays. We would like to remind swimmers that you don't need to be experts to join in these fun race nights, so please see any of our committee members for more information re-

garding getting involved in club nights.

It was great to see Blake do so well in Canada recently, breaking another world record in the 100 Breaststroke. Well done Blake and keep up the great work, with the Olympic selection just around the corner.

The Club is going to run a Learn to Swim Program over the September School Holidays as a Fundraiser. Please keep a look out for information regarding this event, as we will need some assistance from parents to help out with administration during this program. We will also be holding some other fundraising activities over the next few months, so please ensure you support these events as they are very important to our clubs finances. More information regarding these events will follow shortly.

With Andrea away for the next few weeks, please ensure that all swimmers help Steve out where possible, and ensure everyone is ready to start squad on time.

Good Luck to all our swimmers who are competing over the coming months.

Thanks

*Stuart*

**Next Committee Meeting will be Tuesday 13th September, 4.45pm in the Club Room**

## **Code Of Behaviour**

The Southern Cross Saints Swimming Club adheres to the Swimming Australia Behavioural Guidelines, a copy of which is included in the Club Handbook (Pgs 10-13).

All parents and competitors are asked to read these, and the Club Night Rules, prior to Club Night commencing on 6th October. At that first Club Night each family will be required to sign a declaration that they have read, understood and will abide by this Code of Behaviour.

The Code of Behaviour will be enforced. Action will be taken on any breaches of the Code, whether it be at Club Night or at squad training.

## **Happy Birthday**

### *September Birthdays*

4 <sup>th</sup>	Tiara Mathison	turns 11
14 <sup>th</sup>	Tia Hall	turns 14
17 <sup>th</sup>	Maria Alvear-Fujii	turns 12
20 <sup>th</sup>	Maria Angel	turns 12

*Happy Birthday  
and Best Wishes!*



## Congratulations to our JX & YPS achievers!!

Gold Star	Gold	Silver	Bronze	Green
Dominic Elliott Lauren Koch Naomi McKenzie Leighella Parker Kaitlyn Weldon  	Brianna Best Simone McKenzie	Grace Chalmers Alex Clarke Maddy Clarke Ethan Collingwood Josiah Dantel Maddison Delaney Nicole Ditton Caitlin Hall Aurora Kellam-Pearson Jared Kemp Hayley Trembearth Rachel Walker	Tia Hall Maraea McCarthy Karli Millican Abigail Pycroft	Deanne Elliott Kelly Misselhorn William Robertson
			<b>YPS for 13-18 yrs</b>	
			<b>Bronze</b>	<b>Blue</b>
			Daniel Parker	David Elliott

## Upcoming Meets

Date	Location	Noms close:	Qualifying details
10 <sup>th</sup> Sept	Miami Spring Meet, Miami Gold Coast	Noms closed	Qualifying Meet
16 - 17 <sup>th</sup> Sept	Palm Beach Spring Carnival, Currumbin Gold Coast	1 <sup>st</sup> Sept	Qualifying times apply
1 <sup>st</sup> October	John Paul College Junior Swim Meet (start up meet) Short Course	14 <sup>th</sup> Sept	Qualifying meet,
8 <sup>th</sup> Oct	Logan Vikings LC Qualifying Meet, Underwood	20 <sup>th</sup> Sept	Qualifying Meet
8 <sup>th</sup> Oct	Kawana LC Challenge, Bokarina	16 <sup>th</sup> Sept	Qualifying Meet
9 <sup>th</sup> Oct	River City Rapids LC Qualifying Meet, South Brisbane	22 <sup>nd</sup> Sept	Qualifying meet
9 <sup>th</sup> Oct	Redcliffe Spring LC Qualifying Meet	TBA	Qualifying Meet
10-16 <sup>th</sup> Dec	SQ State Champs ages 11+	TBA	(QT's apply)

## BSA Meet Dates for 2011/2012

September 2011	24th	Brisbane Open Water Meet, Raby Bay, Cleveland
January 2012	28th & 29th	Brisbane Sprint Championships, Chandler
February 2012	8th & 9th	Brisbane Junior Metropolitan Championships, Chandler
March 2012	10th & 11th	Brisbane Senior Metropolitan Championships, Chandler
March 2012	31st	Brisbane Metro Relay Championships, Chandler

### For Sale

(Swimming/Squad equipment only)

FLIPPERS, childs size 11-1 \$10. Contact Michelle Ditton: [madrafts@powerup.com.au](mailto:madrafts@powerup.com.au)

If you have something to include in the next newsletter, send me an email at [scsaintsnews@gmail.com](mailto:scsaintsnews@gmail.com)

### Club Email Contacts

General Club Email: [scsaintsswim@gmail.com](mailto:scsaintsswim@gmail.com)

Secretary Email: [secretary@scsaints.org.au](mailto:secretary@scsaints.org.au)

Meet noms: [racesecretary@scsaints.org.au](mailto:racesecretary@scsaints.org.au)

Newsletter subs: [scsaintsnews@gmail.com](mailto:scsaintsnews@gmail.com)

## RESULTS

### Brisbane SC Champs 6<sup>th</sup> & 7<sup>th</sup> August

Grace Chalmers	
Maddy Clarke	5 x pb
Ayshia Collingwood	1 x pb
Ethan Collingwood	4 x pb
Joey Dantel	4 x pb
Maddison Delaney	3 x pb
Nicole Ditton	3 x pb
Rebecca Edwards	2 x pb
Deanne Elliott	5 x pb
Dominic Elliott	6 x pb
Caitlin Hall	3 x pb
Joshua Hall	2 silver, 5 x pb
Tia Hall	6 x pb
Naomi McKenzie	6 x pb
Simone McKenzie	10 x pb
Karli Millican	7 x pb
Bailey Parker	3 x pb
Daniel Parker	7 x pb
Leighella Parker	2 silver, 1 Bronze, 8 x pb
Jade Starr	3 gold, 2 x pb
Hayley Trembearth	4 x pb
Rachel Walker	9 x pb
Kaitlyn Weldon	1 gold, 6 x pb

A special thank you to those parents who did time keeping

### Lauren at School Nationals 31 July—5th August

Lauren Koch recently spent a week in Melbourne at MSAC representing Queensland at the Australian School Sport Swimming Championships.

Lauren made the final of the Girls 11 years 100 Meter Backstroke with a big PB in her heat and then finished 8<sup>th</sup> overall in the final. This was a great experience for Lauren competing at this level for the first time.

Lauren would like to thank everyone for their support during these Championships; she would also like to say a special thanks to Coach Steve and Andrea for all their great work and support.



### Qld SC Championships, 27 & 28th August

Maddy Clarke	1 x pb
Maddison Delaney	1 x pb
David Elliott	7 x pb
Dominic Elliott	2 x pb
Lauren Koch	3 x pb
Kaitlyn Weldon	7 x pb

Congratulations to our 6 State Swimmers on a great effort.

Hopefully we will see a bigger turn up for the State Championships at Chandler in December (ages 11+).

### School Holiday Learn to Swim Clinic

Get ready for the Southern Cross School Prep—Gr 2 swimming program in term 4!

- Available September & Christmas Holidays
- Only 5 per class
- One week block Monday—Friday
- 1/2 Hour lesson per day
- Experienced & Qualified Instructors
- Free Vici swimming cap and goggles
- \$70 per Mon-Fri block

To register your interest, see one of the committee at the pool, phone **0447 693 194** or email [scsaintsswim@gmail.com](mailto:scsaintsswim@gmail.com)